

# Do Not Disturb

## CASANA HOTEL, PREÁ BRAZIL: A DISCREET BEACH HIDEAWAY



Casana sits on a quiet ribbon of white sand at the edge of Preá. The layout is intentionally low density, with only a handful of beach-facing bungalows set a few steps back from the shoreline, which preserves a natural hush and uninterrupted sea views. Guests wake to salt air and soft light, then wander through gardens toward a horizon that seems to belong only to them. The result is an easy, unhurried rhythm and a rare sense of privacy in one of Brazil's most beautiful coastal corners.

### **Architecture and nature meet with intent**

Every stay revolves around personal space. There are only seven bungalows across ten thousand square metres of gardens, so the footprint feels gentle and the atmosphere remains calm even when the trade winds rise. Indoor and outdoor living flow together, which invites barefoot time on decks, unhurried dips, and afternoons spent listening to the ocean. It is a setting designed to restore focus and create distance from the everyday.

Casana's kitchen starts with the landscape. Menus change with what the coast and gardens can provide, featuring fresh fish and seafood, organic salads and vegetables, and herbs grown on site. This commitment to local and seasonal ingredients cuts travel miles and keeps the cuisine light, clean, and rooted in place, a simple approach that naturally supports responsible operations while giving guests a true taste of Ceará.

[casana.com](http://casana.com)

Guest spaces frame sea and sky instead of competing with them, and the very small key count keeps energy use and impact lower by design compared with a conventional resort of similar scale. Rooms include thoughtful technology for precise climate and light control, which helps guests stay comfortable without excess.

### **Curated Experiences**

Days at Casana revolve around the wind and water. Preá's consistent side shore breezes create a generous, safe learning environment for all levels of kitesurfing, with instructors accredited by IKO and ABK. The hotel maintains a dedicated kite lounge with gear refreshed annually through a partnership with Duotone, plus guided downwind sessions supported by 4x4. For those who prefer to watch the sails trace the horizon, the infinity pool, firepit, and sun decks offer a front-row view of the elements.

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## Wellness and Connection with Nature

Wellness at Casana is understated and elemental. Sleep is aided by ocean air and the quiet of a private bungalow. Mornings begin with long views and breakfast that celebrates what is fresh that day. Movement can be as active as a kite session or as simple as a beach walk. Massages ease wind-tired shoulders. Evenings gather around the pool or fire with a drink and the sound of the sea. Each touchpoint is small and intentional, which makes the whole day feel restorative.

Design choices deepen the connection. Bungalows open wide to the breeze, bathrooms spill outdoors in select categories, and decks invite reading, reflection, and unstructured time. Technology stays backgrounded yet helpful, so lights, curtains, and climate respond with a tap, then disappear again into the calm. In practice, this is what many guests seek in a hideaway: comfort that does not intrude, and nature that does the talking.

## The Casana Difference

Casana's scale and setting define the experience. A tiny, relaxed retreat of beach-facing bungalows on an unspoiled stretch of sand, it offers the kind of privacy that makes conversations deeper and days stretch longer. The location places guests within easy reach of iconic dunes and lagoons, yet the hotel itself remains quiet and self-contained, a sanctuary built for people who value discretion and simplicity.

Service is intuitive, the cuisine is anchored in local produce, and the wind writes a daily script that never feels repetitive. Travel feels effortless as well: Jericoacoara Regional Airport is about fifteen kilometres away, with transfers that take around twenty minutes, and the runway accommodates private jets for guests who need that flexibility. The entire journey, arrival included, is designed to be smooth, considered, and calm.

